



## **STRAFFORD UNITED METHODIST CHURCH**

### **MONTHLY NEWSLETTER**

**MAY 2015**

PASTOR: John Inmon

Church Address: 200 E. Chestnut, Strafford MO 65757

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Website: [straffordumc.org](http://straffordumc.org)

Sunday Service Times

Sunday School: 9:15am

Morning Worship: 10:45am

Wednesday Service: 6:00pm

Dear Friends,

Happy May! The April showers held true to bringing us our May flowers! It's gorgeous outside and I'm thrilled to be out in this fantastic weather. Our little church has been keeping busy with the United Methodist Women hosting the Annual UMW District meeting on April 18<sup>th</sup>. We had over 40 attendees from the South District, including our own ladies, who attended the event. We learned about a program called Festival of Sharing, with special guest speaker Angie Olsen. She had a multitude of information on ways of giving back both in our community and worldly, I hope as a church we can partake in this Festival of Sharing. Our Wednesday night Kidz Group is going to be taking part in one of the programs called Festival Beans and Rice. Every day the children will be collecting one quarter to bring on Wednesday night to put towards buying pinto beans for their mission. You don't consider beans as such a great need to others when we are so blest to have homes and meals on our tables, but if you don't have those luxuries, beans are greatly wanted and needed. Last year the Festival gave away over 20,000 lbs. of beans and 30,000 lbs. of rice to just the needy in Missouri, and the sad thing is they had requests for twice that amount. Please consider taking part in one of the numerous ways of helping those locally who need it, for we are the fortunate ones who don't need the help.

The OutReach Team spearheaded a cause they became aware of at the school this past month. Two gift cards to Payless Shoe Source were given to the school nurse to give to a couple of children who were in desperate need of new shoes. Pastor John has a very heartfelt thank you card from the school nurse in appreciation of our small donation. Amazing how such a small gesture can mean so much to others.

Our church lost a beloved member on April 11<sup>th</sup>. Howard Graham, husband of 62 years to Doris Graham, left this world to be with his Heavenly Father. Doris and Howard have been members of this church for over 50 years. Howard will be greatly missed by all who had the honor of knowing him. Continue to keep Doris and her family in your thoughts and prayers during this time of loss.

Miss Madeline Goodin will be graduating Strafford High School on May 14<sup>th</sup>. Be sure to wish her congratulations on this milestone in her life, and pray God's guidance will keep her close as she starts this new journey.

Thank you friends for inspiring me each and every day in one way or another. Take care, and see you Sunday!

April Potter

***MISSION STATEMENT: We open our Hearts, our Minds, and our Doors and we answer the call of making Disciples of Jesus Christ for the transformation of the world***



Our Country, Our Church, Our Military, The sick and infirmed, Caregivers

Gail Boever Galen Bumgarner Alysia Burke Frank Costello

Rex Easterly Doug Favor Family of Rick LaFollette Mary Malard

Mike Paxson Billie Jo & Anthony Robertson

Jauleta Todd Roger Todd Hal Williams

### Message From Our Pastor

Once again we are watching the news and seeing riots, but in the midst of all of this we are seeing the Christian spirit come through. There are many examples; a line of Baltimore citizens forming a blockade in front to police the headline saying for their protection. I see it as a buffer between both groups protecting each. We see the young boy handing the police office a water. We see a police office on his knees assisting a protestor who has a medical problem.

Where would you be in these pictures? What would I do? I would hope I would be one of those helping form the buffer to stop the violence. I would hope that I would be helping the young boy to hand out water to both sides.

Jesus spent time with the sinners. He was not living their life, He was there to present to them the Grace of God, a new life option. Jesus forgave them, and on more than one occasion instructed the forgiven, "Go and sin no more."

While forgiveness of sins is not our job, we should "forgive those who trespass against us." A tall order, but a doable task when we have the love of Christ in our hearts. If you have something on your heart where you are having trouble forgiving, go to God and ask for His help. Remember: **All things are possible with God.**

In Christ's Love,

Pastor John

<b>MAY</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b> <b>UMW</b>
<b>3</b> 9:15 Sunday School  10:45 Church	<b>4</b>	<b>5</b>	<b>6</b> 6:00 Praise Service 6:00 Kidz 7:00 Youth 7:00 Choir Practice	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b> 9:15 Sunday School  10:45 Church	<b>11</b>	<b>12</b>	<b>13</b> 6:00 Praise Service 6:00 Kidz 7:00 Youth 7:00 Choir	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b> 9:15 Sunday School  10:45 Church	<b>18</b>	<b>19</b>	<b>20</b> 6:00 Praise Service 6:00 Kidz 7:00 Youth 7:00 Choir	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b> 9:15 Sunday School  10:45 Church	<b>25</b>	<b>26</b>	<b>27</b> 6:00 Praise Service 6:00 Kidz 7:00 Youth 7:00 Choir	<b>28</b>	<b>29</b>	<b>30</b>
<b>31</b> 9:15 Sunday School  10:45 Church						

## **Light & Fit Sherbert**

Submitted by: Jan Hokanson

- 1 Package Sugar Free Jello (any flavor)
- 2 Cartons Dannon Light & Fit Greek Yogurt (any flavor)
- 1 Carton Fat Free or Sugar Free Cool Whip

### **Directions**

Dissolve Jello in ¼ Cup boiling water, cool for 10 minutes

Stir in both yogurts, blend well.

Add Cool Whip and stir.

Chill and serve in pretty parfait glasses.

Optional: Add strawberry, cherry, etc. as garnish

### **Nutritional Information**

Jello – 40 calories

Yogurt – 80 calories

Yogurt – 80 calories

Cool Whip – 300 (20 servings, 15 calories each)

Makes 10-12 servings, approximately 45 calories per serving, 2 grams protein